



ABOUT THE EVENT:

Big Brothers Big Sisters of Guelph will be hosting the annual Big Little Run on July 11th, 2021 at Guelph Lake Conservation Area. We are committed to the safety and well-being of all participants, volunteers, and staff members that make this event possible. Although COVID-19 has altered some aspects of the race, Big Brothers Big Sisters of Guelph will take every reasonable precaution to ensure a healthy, safe, and positive environment on race day. Participants, volunteers and staff are expected to adhere to ALL COVID-19 safety guidelines outlined by Wellington Dufferin Guelph Public Health at all times.

This document outlines the proactive measures taken by race administrators before, during and after race-day, as well as some key responsibilities of participants.

COVID-19 SAFETY PLAN:

Sanitation

- Cleaning and sanitation will take place in high-contact areas around the event site. This includes the check-in desk, restrooms, and first aid stations.
- There will be portable washrooms at designated areas on the event site. Each facility will include toilet tissue, paper towel, hand sanitizer, and sanitary wipes.
- Hand sanitizer will be available to participants on event day with an emphasis around portable toilets and high traffic areas.

Social Distancing Measures

- Distance markers will be used where people tend to congregate – this includes the check-in-table, washrooms, and additional areas where lines are required.
- Social gatherings will **not** be permitted prior to, or following the completion of races. Staff and volunteers will provide direction to participants at these times.
- Participants will be monitored at check-in and at the start/finish line to ensure they are maintaining a safe distance from one another.

Race Day Arrival & Parking

Participants will be given a set race-start time – Half Marathon participants will begin earlier in the day, followed by 10kM participants, then 5KM participants. Upon arrival, a volunteer will direct participants to a parking spot and point them to the screening and check-in tables. Before a participant exits their vehicle, they must put their mask on.

Screening

Participants will be asked to complete a screening questionnaire before arriving at the event location; event organizers will be in touch with participants about this prior to race day. Questionnaires will also be available at check-in on race day.

Check-In / Race Kit Pickup

Once screened, a volunteer will check the participant or team in and provide them with their bib and chip timer. COVID-19 safety signage will be present at check-in to ensure participants are well informed on the precautions in place.

Start Line

After picking up their race kit, participants will be directed to the start line. 5KM, 10KM and Half-Marathon races will all be completed in heats:

- Participants will have designated groups and will be scheduled to begin their race 10 minutes apart from one another.
- The number of racers per group will depend on Public Health guidelines at the time, and each participant must remain 2-metres apart at the start line.

Running the Course

- Masks **must** be worn during the first and last 100 metres of the race and can be taken off anytime between these intervals.
- When passing another participant during the race, participants must ensure there is a two-metre distance. If this is not possible, participants should put their mask on before passing.

Finish Line / Finishers Table

Once participants reach the finish line, they will be directed to the finishers table where they can collect their Swag and Goodie bag and well-deserved finishers medal.

Post Event Day Contact Tracing

Participants will be emailed 7 days and 14 days after the event with a reminder to contact us should they develop any COVID-19 symptoms or test positive. The bibs help us identify all runners that may have been on site during a specific time so we can contact them directly should the need arise.

Please contact Julia Vachon with any further questions about the Big Little Run:
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